



TRAIN THE TRAINER



Managing Behaviours That Challenge Train the Trainer Course

This Managing Behaviours That Challenge Train the Trainer Course goes far beyond the basics to give delegates the knowledge, skills and confidence to host their own challenging behaviour training sessions in-house.

Programme/Course Content

- The Airport Exercise
- What is Challenging behaviour and why it sometimes happens
- Who can present with challenging behaviour
- Types of challenging behaviour and possible reasons
- Communication strategies
- The communication chain
- How memory works
- The relationship between person centred care and managing behaviours that challenge
- Strategies for managing behaviours that challenge
- Issues connected with: Food, Medication, Confabulation, Sleep, Wandering, Aggression, Depression
- Risk assessment
- The environment
- What is violence?
- Staff behaviours and attitudes
- Prediction and Prevention
- Emergency plans
- Recording and Reporting and what to do after an incident
- Use of Restraint

Aimed at: While primarily aimed at those working in or looking to work in environments where challenging behaviour is a common, everyday occurrence (nursing homes, learning disability groups etc.) it can also be of enormous benefit for any worker who comes into contact with the public on a regular basis.

Accreditation: IQ

Further information: Please contact us for a specific training proposal and quote.