



Autism and Asperger's Awareness

Autism affects how a person relates to, and communicates with, people and the world around them. Autism is a spectrum condition meaning that the condition affects different people in different ways. Asperger syndrome is a form of autism.

Training courses focusing on Autism and Asperger's touch upon the most important areas for professionals in the healthcare industry.

Programme/Course Content:

- What is Autism and Asperger's syndrome?
- The triad of impairment
- Working with those with Autism and Asperger's
- Understanding Behaviour of those with Autism and Asperger's
- How the world is seen
- Verbal and non-verbal communication strategies
- Autism spectrum disorders
- Rituals, Stress, and Relaxation
- Coping with change
- Group exercises
- Summary and evaluation

Aimed at: Professionals in the healthcare industry

Accreditation: OFQUAL Level 3 Unit Understand how to support individuals with autistic spectrum conditions (QCF)

Further information: For more information or to find out more about this or any of the other courses we offer, we'd be delighted to hear from you at any time.