



CLINICAL SKILLS & MANAGEMENT



Loss and Bereavement

Offering guidance on the process of grieving and coping with loss, this Loss and Bereavement course will benefit delegates who have contact with the bereaved, or need support to cope with the loss of a person for whom they have cared. It is vital to support care staff, because they form close bonds and need to understand their own feelings.

Programme/Course Content

- Loss and bereavement defined
- Types of loss and bereavement
- Who is affected?
- Circumstances of death
- What is grief?
- Raphael's grief cycle
- Emotions and what's happening inside.
- Coping rituals
- How to help
- Who can help you?
- Chronic grief — warning signs and actions
- Planning for loss
- Summary and evaluation

Aimed at: Care staff

Accreditation: Compliant with the National Occupation Standards for Health and Social Care Workers and satisfies the requirements of the Care Quality Commission

Further information: For more information on this course, or any of our services, please get in touch with the team today.